**An investigation of fear of losing control and anxiety CUREC Approval Reference: R87791/RE001**

## General Information

The aim of this research is to develop a questionnaire that will assist in determining whether there are specific differences in fear of losing control between people who suffer from different disorders, namely OCD and panic disorder.

We appreciate your interest in participating in this online questionnaire. You have been invited to participate as you are aged 18 years and over and fluent in English. Please read through this information before agreeing to participate. You can access the survey through the following link:

<https://bit.ly/losingcontrolsurvey>

You may ask any questions before deciding to take part by contacting the researcher (details below).

The Principal Researcher is Joel Lewin, who is attached to the Oxford Institute for Clinical Psychology Training and Research at the University of Oxford. This research is being completed under the supervision of Dr Paul Salkovskis and Dr Victoria Edwards.

You will be asked to complete a series of questionnaires, including questions around beliefs about losing control and experiences of anxiety and low mood. This should take about 20 minutes.

The anonymous data will then be analysed by the researchers to develop a new questionnaire measuring beliefs about losing control.

## Do I have to take part?

No. Please note that participation is voluntary. If you do decide to take part, you may withdraw at any point for any reason before submitting your answers by pressing the ‘Exit’ button/ closing the browser. You will not be able to withdraw once you have submitted your responses because responses will not have any identifying information associated with them.

You will need to complete all questions on each page before moving onto the next page.

## How will my data be used?

We will not collect any data that could directly identify you.

We will ask you for some details such as age, gender, gender, education, occupational status, parenthood, other caring responsibilities and ethnicity. These commonly collected demographic variables are important for describing the sample, and assessing how representative of the broader population the sample is. Parenthood and other caring responsibilities will be asked because they are variables that can be important factors in OCD.

Your IP address will not be stored. We will take all reasonable measures to ensure that data remain confidential.

The responses you provide will be stored in a password-protected electronic file on University of Oxford secure servers. The results of this study will be written up to fulfil the requirements of the doctorate of clinical psychology, and will be submitted to a peer-reviewed journal for publication. Research data will be stored for 3 years after publication or public release of the work of the research.

## Who will have access to my data?

We would also like to use the data in future studies, and to share data with other researchers (e.g. in online databases). Data to be shared with other researchers or included in results that are made public will not contain any identifiable information.

The research team involved in this study will have access to the research data. Responsible members of University of Oxford may be given access to data for monitoring and/or audit of the research.

## Who has reviewed this research?

This research has been reviewed by, and received ethics clearance through, a subcommittee of the University of Oxford Central University Research Ethics Committee [R87791/RE001].

## Who do I contact if I have a concern or I wish to complain?

If you have a concern about any aspect of this research, please speak to Joel Lewin ([joel.lewin@hmc.ox.ac.uk](mailto:joel.lewin@hmc.ox.ac.uk)) or their supervisor Paul Salkovskis ([paul.salkovskis@hmc.ox.ac.uk](mailto:paul.salkovskis@hmc.ox.ac.uk)), and we will do our best to answer your query. We will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Medical Sciences Interdivisional Research Ethics Committee at the University of Oxford who will seek to resolve the matter as soon as possible:

Address: Research Services, University of Oxford, Boundary Brook House, Churchill Drive, Headington, Oxford OX3 7GB

**Please note that you may only participate in this survey if you are 18 years of age or over and based in the UK.**

You can access the survey through the following link:

<https://bit.ly/losingcontrolsurvey>