**PARTICIPANT INFORMATION SHEET**

**Stigma and trust in mental health services – the impact of ethnicity and immigrant generation**

Central University Research Ethics Committee (CUREC) Approval Reference: R77255/RE001

We would like to invite you to take part in our research study about the stigma that is associated with mental health and the amount of trust people have in mental health services. Our aim is to explore the impact of a person’s ethnic background as well as whether they are a first or second generation immigrant on stigma and trust in mental health services.

We appreciate your interest in participating in this online survey. You have been invited to participate as you:

* Identify as White British, Polish/Polish British or British South Asian/South Asian (Indian, Pakistani or Bangladeshi)
* Identify as a first or second generation immigrant (only applicable if you are Polish/Polish British or British South Asian/South Asian)
* Are usually resident in the United Kingdom
* Aged 18 years or above
* Able to read and write in English

The Principal Researcher for this study is Professor Paul Salkovskis who is attached to the Oxford Institute of Clinical Psychology Training and Research at the University of Oxford. This project is being completed by Syeda Akther (Trainee Clinical Psychologist) under the supervision of Professor Paul Salkovskis.

Please read through this information before agreeing to participate (if you wish to) by ticking the ‘yes’ box below.

1. **Do I have to take part?**

No. Participation is voluntary and you do not have to participate in this study. You can ask questions about the research to help you make your decision before you decide whether or not to take part. If you decide you would like to take part, you may withdraw yourself from the study without giving a reason. You can do this by not completing the survey and clicking on the ‘Exit’ button or exiting the web browser.

If you decide to withdraw after completing and submitting your survey responses, you can contact us using the contact details provided. You will need to provide your unique code which is a string of 4 numbers of your choosing (see below). It is important you let us know within 1 month of participating. After this point, we will delete the unique code that links your survey response to you. Therefore, the anonymous data you provided until the point of withdrawal, which is your survey responses, will continue to be used. This is because we will no longer be able to identify your specific survey responses after we have deleted the unique codes.

1. **What am I being asked to do?**

If you decide to take part in this research, you will first need to fill out a consent form that confirms you have read this information, understood it, had the chance to speak to others and ask any questions you have and are happy to take part. You will then be directed to an online survey to complete. You will firstly be asked some questions about yourself, such as your age.

Next, you will be shown some questions which will ask for your opinion on various topics including mental health stigma and how much you trust mental health services. You will also be asked about whether you have lived experience of a mental health problem or of caring for someone with a mental health problem. You will also be provided with open text boxes to answer some additional questions about your views on mental health stigma and the amount of trust you have in mental health services. You will need to answer all the questions as otherwise you will not be able to move onto the next section. Your responses will only be recorded if you complete the entire survey and click ‘Submit’.

Once you have finished the survey, you will be thanked for your participation, given the contact details of the study team, and services you can contact if you found the survey upsetting. If you would like a copy of the report of the findings, you will be asked to provide your email address at the end of the survey. This is your decision and will not impact your participation in the survey if you choose to opt out.

Survey completion should take about 20 minutes. No background knowledge is required.

1. **How will my data be used?**

The information you provide during the study is the **research data**. Any research data from which you can be identified is known as **personal data**.

At the beginning of the survey, you will be asked to choose a string of 4 numbers which will be the code assigned to your data. This unique code will be stored alongside your survey responses for a total of 1 month following your participation in the study. After 1 month, this code will be deleted and you will no longer be able to request to be withdrawn from the study.

The data we will ask you for which could identify you include your age, sex, ethnicity, education level, marital status, migrant status (i.e., first or second generation) and religion. You will also be asked about lived experience of a mental health difficulty or caring for someone who has lived experience of mental health difficulties. Your IP address will not be stored. We will take all reasonable measures to ensure that data remain confidential.

The data you provide, including your survey responses, will be stored in a password-protected electronic file that will be accessible only to the Principal Researcher and the student researcher named above. All identifiable data will be deleted as soon as it is no longer required for the research.

Responsible members of the University of Oxford may be given access to data for monitoring and/or audit of the research. Your consent form will be stored for at least 3 years after publication or public release of the work of the research.

If you provide your email address to receive a copy of the final report, this will only be stored for the purpose of providing you with a copy of the final report and will be deleted as soon as this purpose has been fulfilled.

**Who will have access to my data?**

The University of Oxford is the data controller with respect to your personal data and, as such, will determine how your personal data is used in the study. The University will process your personal data for the purpose of the research outlined above. Research is a task that we perform in the public interest. Further information about your rights with respect to your personal data is available from <https://compliance.admin.ox.ac.uk/individual-rights>.

1. **Will the research be published?**

The findings of this study will be written and submitted for publication to a peer-reviewed academic journal. The findings may also be presented in the form of a poster at academic conferences. A lay summary of the findings will be written as a report to be disseminated amongst relevant third-sector organisations. It is likely we will include quotes from the responses provided in the free text boxes, but we will ensure these are non-identifiable.

The University of Oxford is committed to the dissemination of its research for the benefit of society and the economy and, in support of this commitment, has established an online archive of research materials. This archive includes digital copies of student theses successfully submitted as part of a University of Oxford postgraduate degree programme. Holding the archive online gives easy access for researchers to the full text of freely available theses, thereby increasing the likely impact and use of that research.

The research will be written up as a student’s thesis. On successful submission of the thesis, it will be deposited both in print and online in the University archives to facilitate its use in future research. If so, the thesis will be openly accessible.

1. **Who is organising and funding the study?**

The study is being funded and organised by the University of Oxford.

1. **Who has reviewed this study?**

This study has been reviewed by, and received ethics clearance through, a subcommittee of the University of Oxford Central University Research Ethics Committee (Reference number: R77255/RE001).

1. **Who do I contact if I have a concern about the study or I wish to complain?**

If you have a concern about any aspect of this study, please contact Syeda Akther ([syeda.akther@hmc.ox.ac.uk)](mailto:syeda.akther@hmc.ox.ac.uk)) or Professor Paul Salkovskis ([paul.salkovskis@hmc.ox.ac.uk)](mailto:paul.salkovskis@hmc.ox.ac.uk)), and we will do our best to answer your query. We will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Medical Sciences Interdivisional Research Ethics Committee at the University of Oxford who will seek to resolve the matter as soon as possible:

Email: [ethics@medsci.ox.ac.uk](mailto:ethics@medsci.ox.ac.uk)

Address: Research Services, University of Oxford, Boundary Brook House, Churchill Drive, Headington, Oxford OX3 7GB

1. **Further Information and Contact Details**

If you would like to discuss the research with someone beforehand (or if you have questions afterwards), please contact:

Syeda Akther (Trainee Clinical Psychologist)

Oxford Institute of Clinical Psychology Training

Isis Education Centre

Warneford Hospital

Headington

Oxford

OX3 7JX

[syeda.akther@hmc.ox.ac.uk](mailto:syeda.akther@hmc.ox.ac.uk)

**Thank you for taking the time to read this information sheet.**

**Please note that you may only participate in this survey if you are 18 years of age or over.**

☐ I certify that I am 18 years of age or over

**If you have read the information above and agree to participate with the understanding that the data (including any personal data) you submit will be processed accordingly, please check the relevant box below to get started.**

☐ Yes, I agree to take part